



# ALL SOULS

## PRESBYTERIAN CHURCH

### **Do you want to participate in a Meal Train but are a little daunted by the task?**

Here are a few ideas:

1. Provide only a main dish. Every bit helps!
2. Team up with a friend – one provides the main dish, and another provides sides and dessert.
3. Provide a gift card and/or team up with a friend to double the amount for larger families.
4. Shopping at Costco or Sam's? Pick up and deliver a rotisserie chicken and a prepared salad. Buy and bake a frozen lasagna and deliver with garlic bread and a prepared salad.
5. Contact Alex Chun at [boheehee@gmail.com](mailto:boheehee@gmail.com) for recipe ideas.

Thank you for considering being part of this worthwhile ministry!

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